



“ a part of
the solution”

PAL goes where others don't—directly to the heart of the problems that lead to youth crime!

Niagara PAL has more than 18,000 participants in 60 athletic and non-athletic programs annually!

It costs less than 50 cents a day to support one youth in a PAL program for a year!

Niagara PAL is a volunteer driven 501 (c) (3) not-for-profit corporation

5K Course

Start: Front Entrance
Athletic Complex Field House,
left on Service Road, right onto
Pine Avenue, right onto Robbins
Drive, right onto Porter Road,
right onto NFHS Driveway,
left into parking lot,
around outside of lot,
down Service Road
to finish at Field House.



“Kids Are Our Business”

Touching the lives of more
Than 18,000 youth annually

Niagara Police Athletic
League “Be Our PAL”

Festival & Telethon

presents the
3rd Annual
“Cops & Kids”

5K Run/Walk

5K — 4 Kids

Saturday

October 3, 2015

10:00am Start Time



